



Website: www.RedVelvet-CateringEvents.com ~ **Phone:** (770) 855-9672 ~ **Email:** RedVelvetCatering@gmail.com

LUNCH MENUS

Cold Lunch Buffet Options

Deli Sandwich Buffet

Roasted Turkey, honey ham, roast beef, Colby cheddar cheese, Swiss cheese, pepper jack cheese, lettuce, sliced tomato, sliced red onion, dill pickle chips, white & wheat yeast rolls, mayonnaise and mustard.

Deli Salads & Green Salads Buffet

Chicken salad, tuna salad, mixed Iceberg & Romaine salad greens, mixed spring & baby spinach greens, bacon crumbles, shredded cheese, feta cheese crumbles, cucumber slices, shredded carrots, dried cranberries, grape tomatoes, red onion slices, bell pepper strips, broccoli florets, mushroom slices, croutons, crackers and 3 dressing choices.

Dressing Choices: Ranch, Italian, Thousand Island, Caesar, Balsamic Vinaigrette, Blue Cheese, Sweet French & Honey Mustard

Cold Lunch Buffet Add-Ons

- ~Potato Salad, Cole Slaw
- ~Seasonal Fresh Fruit Salad
- ~Vegetable Pasta Salad
- ~Add Assorted Nuts (walnuts, pecans & sunflower seeds)
- ~Deviled Eggs
- ~Mesquite Chicken Slices
- ~Steak Slices
- ~Chilled Shrimp

Boxed Lunch Options ~ Guest Minimum: 12

All boxed lunches include plain potato chips (except half sandwich/ half salad option), a chocolate chip cookie **OR** fudge brownie, mayo & mustard packs, salt & pepper packs (if salad included), cutlery and napkins.

~Deli Sandwich Boxed Lunch

Sliced deli turkey, chicken, ham **OR** roast beef on a fresh bun topped with cheddar cheese, lettuce and tomato.

~Vegetarian Sandwich Boxed Lunch

Roasted red pepper hummus, baby spinach, tomato, green pepper strips, red onion and cheddar cheese on a fresh bun. (**Vegan** ~ The same without cheese.)



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~Deli Sub Sandwich Boxed Lunch

- **~Classic** – Deli turkey, honey ham, cheddar cheese, banana peppers, chopped lettuce, tomato and red onion with a side of sub dressing.
- **~Italian** – Salami, honey ham, provolone cheese, black olives, banana peppers, baby spinach, tomato & red onion with a side of Italian dressing.
- **~Club** – Roasted turkey, honey ham, bacon, Colby cheese, dill pickles, chopped lettuce, tomato and red onion with a side of honey mustard dressing.
- **~Veggie** – Roasted red pepper hummus, baby spinach, tomato, green pepper strips, mushrooms, red onion and Swiss cheese with a side of balsamic vinaigrette dressing. (Vegan ~ Same without cheese.)

~Deli Wrap Sandwich Boxed Lunch

Deli turkey, chicken, honey ham **OR** roast beef rolled in a flour tortilla with whipped cream cheese, lettuce and tomato.

~Premium Deli Wrap Sandwich Boxed Lunch

- **~Oriental** – Deli chicken, baby spinach, shredded carrots, green onions, toasted sesame dressing and crunchy Chinese noodles rolled in a flour tortilla.
- **~Southwestern** – Deli chicken, chopped lettuce, roasted corn, black beans, green peppers, shredded cheese and mild salsa rolled in a flour tortilla.
- **~Caesar Supreme** – Deli chicken, bacon bits, chopped romaine, diced tomato, cucumbers, shredded parmesan cheese and Caesar dressing rolled in a flour tortilla.
- **~Club** – Roasted turkey, honey ham, bacon bits, Colby cheese, chopped boiled egg, chopped lettuce, tomato and honey mustard dressing rolled in a flour tortilla.
- **~Veggie** – Roasted red pepper hummus, baby spinach, tomato, green pepper strips, mushrooms, red onion and Swiss cheese and green goddess dressing rolled in a flour tortilla. (**Vegan** ~ Same without cheese.)

~Fresh Salad Boxed Lunch

- **Tuna, Chicken OR Egg Salad** on a buttered croissant with lettuce and tomato.
- **Garden Salad** – Chopped Romaine & Iceberg lettuce, shredded carrots, cucumber, grape tomatoes, shredded cheddar cheese, croutons and ranch dressing.
- **Caesar Salad** – Chopped Romaine, shaved parmesan cheese, croutons and Caesar dressing.
- **Spring Mix Salad** – Mixed greens, dried cranberries, cucumber, shredded carrots, grape tomatoes, feta cheese crumbles and Italian dressing.
- **Mediterranean Salad** – Chopped Romaine & Iceberg lettuce, cucumber, grape tomatoes, black olives, red onion, feta cheese crumbles, croutons and Greek vinaigrette dressing.
- **~Veggie** – Romaine lettuce, radish, cucumber, tomato, green pepper strips, banana peppers, mushrooms, red onion and shredded cheddar cheese and balsamic vinaigrette dressing. (**Vegan** ~ Same without cheese.)



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~**Half Sandwich OR Half Wrap with Half Salad** - Choose **1** Deli **OR** Wrap Sandwich and **1** Salad choice from the menus listed above.

~**Half Sandwich OR Half Wrap with Soup** - Choose **1** Deli **OR** Wrap Sandwich from the menus listed above and **1** Soup from the options listed below.

- **Tomato Basil**
- **Potato**
- **Broccoli Cheese**
- **Chicken Noodle**
- **Beef & Vegetables**

~**Sandwich, Wrap & Salad Add-Ons**

*Avocado Slices, Boiled Egg, Extra Shredded or Cheese Slice, Pecans, Almonds or Walnuts.

*Deli Meat or Tofu.

~**Boxed Lunch Side Item Add-Ons**

Vegetable Pasta Salad ~ Egg Salad ~ Macaroni Salad ~ Creamy Slaw (Options: Cole, Broccoli or Asian)

Southern Potato Salad ~ Red Potato Salad ~ Mixed Fresh Fruit Salad

~**Hot Lunch Buffet Options**

~**Soup & Salad**

Choose **2** from the soups listed above.

Choose **2** from the salads listed above.

Choose **3** ~ Ranch, Italian, Caesar, Thousand Island, Sweet French, Honey Mustard & Balsamic Vinaigrette.

Served with assorted crackers and rolls.

~**Mexican Street Taco**

Taco meat (ground beef & turkey), soft taco shells, shredded cheddar cheese, shredded lettuce, diced tomato, sour cream and taco sauce. Served with tortilla chips and mild salsa.

*Add **OR** substitute; Mesquite Chicken Slices, Fajita Steak Slices or Sautéed Cilantro Lime Shrimp.



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~Fajita Fest

Mesquite chicken slices, marinated steak slices, Mexican yellow rice, seasoned black beans, soft taco shells, sautéed onions & peppers, shredded cheddar cheese, shredded lettuce, mild salsa and sour cream.

*Add **OR** substitute; Sautéed Cilantro Lime Shrimp.

~The Orient

Orange chicken slices, teriyaki chicken slices, vegetable fried rice (*includes egg), mini chicken egg rolls with sweet & sour sauce and fortune cookies.

*Add **OR** substitute; Chicken Fried Rice, Shrimp Fried Rice, Mongolian Beef and Vegetable Spring Rolls.

~Tour of Italy

Spaghetti & beef meatballs in tomato sauce, chicken penne alfredo, Caesar salad supreme, grated parmesan cheese and French bread slices.

*Lasagna (Vegetable, Spinach, Chicken or Beef)

~Sports Bar

Chicken wings (5 per guest/mild buffalo & lemon pepper), honey BBQ meatballs, spinach dip w/tortilla chips and seasonal fresh fruit salad.

~Beverage Service

~Bottled Water or Unsweet Tea

~Sweet Tea, Lemonade or Fruit Punch